

How to Write Wedding Vows That Truly Reflect Your Love

A Free Guide by Star Celebrant



www.starcelebrant.com



WHY THIS GUIDE

Writing your own vows can feel overwhelming – but it doesn't have to be.

As a celebrant who's helped hundreds of couples create meaningful ceremonies, I've seen how powerful personal vows can be. They bring laughter, tears, and moments guests remember for years.

This simple guide will walk you through:

- How to start (even if you're stuck)
- Prompts to uncover your unique story
- Tips for structure, tone & delivery
- Real examples (non-cheesy, I promise!)
- And how to avoid common pitfalls

Let's make your vows as special as your love.

STAR CELEBRANT


Accredited Celebrant | Bella Vista & Greater Sydney



Step 1: Start With Your Story

Ask yourself:

- How did we meet?
- What made me fall in love?
- What do I admire most about my partner?
- What promises do I truly want to keep?

 Tip: Write like you speak. If you say “love” instead of “adore”, go with that.



Step 2: Use the 3-Part Vow Structure

Keep it simple with this trusted format:

1. The Past – Your journey together
“I still remember our first date – how nervous I was, and how you made me laugh within minutes...”
2. The Present – Why you’re choosing them today
“You’re my best friend, my safe place, and the person who makes ordinary days feel magical.”
3. The Future – Your promises
“I promise to stand by you, to listen even when it’s hard, and to always make you coffee in bed on Sundays.”




This creates a natural, emotional flow.



Step 3: Keep It Balanced

Aim for 1.5 to 2.5 minutes per person when speaking (about 200–300 words).

- Too short? Add a memory or quality you love.
- Too long? Focus on your top 3 promises.

 Pro Tip: Read it aloud – if it feels natural, you're on the right track.



Step 4: Be Real, Not Perfect

Avoid clichés like:

“You complete me.”

“I can’t live without you.”

Instead, try:

“You challenge me to be better.”

“You make me want to be kinder, braver, and more present.”

Authenticity > perfection.



Vow Prompts (Fill in the Blanks)

Use these to spark ideas:

- The moment I knew I loved you was ____.
- One thing I've learned from you is ____.
- My favourite memory with you is ____.
- When I'm having a hard day, you ____.
- I feel safest when ____.
- I promise to always ____.
- Even when life gets tough, I will ____.

Authenticity > perfection.



Real Vow Examples (Short & Sweet)

Example 1 – Beach Wedding

“I promise to always walk with you along the shore, even when the tide is high. To laugh with you, dream with you, and grow old beside you. I love you not because you’re perfect, but because you’re mine – and I’m yours.”

Example 2 – Humorous & Heartfelt

“I promise to steal the blankets, but always pull them back over you. To make you laugh when you’re stressed, and to never hide your phone when you’re looking for it... okay, maybe once a month. I choose you – for all our messy, beautiful days ahead.”

Authenticity > perfection.



Final Tips for Delivery

- Practice aloud several times (but don't memorise – bring the paper!)
- Breathe – it's okay to pause, smile, or cry
- Make eye contact with your partner, not the guests
- Keep a copy with your celebrant in case you get emotional and lose your place

Authenticity > perfection.



Want Help Writing Your Vows?

- I offer free 20-minute vow-writing consultations to couples I'm officiating for – and a personal vow review before your big day.
- And if you'd like me to help you craft a fully custom ceremony, I'd be honoured.
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The Heartfelt Vow Guide

Thank you

Thank you for downloading The Heartfelt Vow Guide.
If this helped you, please share it with another couple
who's getting married!

With love,
Star Celebrant

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